

Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy

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19th E.M.R.S.S. COURSE

Programme

HYDROTHERAPY IN P.R.M.Theoretical and Practical course

Siracusa 27 – 30 October 2024

Venue: S. Angela Merici Foundation

Hospitality: Aretusa Palace Hotel

E.M.R.S.S. President - Francesco Cirillo

Scientific Committee: Nikos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Calogero Foti, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Milica Lazovic, Mauro Zampolini

Local Committee: Daniele Bruschetta, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Cristiano Monello, Michele Vecchio, Stephen Zammit.



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Sunday October 27th, 2024 Aretusa Palace Hotel

Morning: Arrival of students

Afternoon:



ropean Society of ysical & Rehabilitation Medici 16:00 Registration

16:30 – Networking Event - Discusssant & Observer:

Giulia Letizia Mauro - Francesca Gimigliano



-Presentation of the students (Name and Surname, Country of Origin, Name of the University being attended, year of the Specialization course, Name of the Director of the Specialization Course, Scientific Society/Association that sponsored the student or if he/she is a student or a specialist participating at their own expense).



-Brief personal knowledge of the "Hydrotherapy" in PRM.



-Presentation of the Presidents/Delegates (<u>Observer</u>) of the Scientific Societies/Associations that support the School.



-Presentation of the President of the School.

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19:30 End of Session







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Monday, October 28th, 2024 **Morning Session h. 09.30 – 13.30**



Discussant & Observer: Calogero Foti

Transfer from Aretusa Hotel to S. Angela Merici Foundation



09:30 Interaction between the aquatic environment and the human



body - Vincenzo Perciavalle



10:10 Cochrane: which evidence for Hydroterapy?-Francesca Gimigliano



10:45 Break

11:00

09:00

Practical demonstration how to float and move in water (swimming pool) By: All Hydro Physiotherapists of S.A.M. Foundation



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Light snack 13:30



Afternoon Session



Discussant & Observer: Klemen Grabljevec

Under the patronage 14:30 General overview of Parkinson's disease and re-educational strategies through hydro kinesitherapy Pietro Marano - Mariella Seminara



15:15 **Practical demonstration (swimming pool)** By: Mariella Seminara



17:30 Discussion with young trainees about the situation of PRM in their countries - Mauro Zampolini

Transfer from SAM Foundation to Aretusa Hotel 18:30



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Tuesday 29 October 2024

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Morning Session

Discussant & Observer: Mauro Zampolini

O9:00

Transfer from Aretusa Hotel to S. Angela Merici
Foundation

09:30 General overview of gonarthrosis /coxarthrosis and reeducational strategies through hydro kinesitherapy Francesco Cirillo & Cristiano Monello

Italian Society of PRM SIMFER

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10:15 Break

10:45 Practical demonstration (swimming pool) By: Laura Giordani

13:30 Light snack



Afternoon Session



Discussant & Observer: Stephen Zammit



14:30 General overview of low back pain and re-educational strategies through hydro kinesitherapy

Valeria Coco

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15:10 Main hydrotherapy centers in Europe- Klemen Grabljevec



15:30 Practical demonstrations (swimming pool)
By: Owen Sant'Angelo - Stephen Zammit



17:30 Laughter Therapy- Franco Scirpo

18:30 Transfer from SAM Foundation to Hotel



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Wednesday 30 October 2024

Morning Session

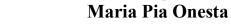


Discussant & Observer: Michele Vecchio

09:00 Transfer from Aretusa Hotel to Cannizzaro Hospital Catania



Re-educational strategies for the outcomes of spinal cord trauma patients outcomes through hydro kinesitherapy:



Italian Society of PRM

11:15

Practical demonstration
Hydro Physiotherapist of Cannizzaro Spinal Unit



13.00 Delivery of certificates
Prof. Franco Cirillo



13:30 Toast and group photos



Afternoon: Special Session



14:30 Practical demonstration of care activity in the spinal unit

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16:45 End of Session and closing of the course



TRASFER TO: 1) CATANIA AIRPORT AND 2) SIRACUSA





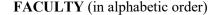
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Valeria Coco: Regional SIMFER Secretary- Section Sicily – MD Physiatrist - Catania

Calogero Foti: Mediterranean Forum PRM President - Full Professor PRM, Tor Vergata

University, Rome - Italy

Giulia Letizia Mauro: SIMFER Presidential Council- Full Professor University of Palermo

Laura Giordani: Physiotherapist Tor Vergata University- Rome – Italy

Francesca Gimigliano: ISPRM President -Full Professor PRM Federico II University- Naples Klemen Grabljevec*: ESPRM President- Full Professor PRM University Rehabilitation

Institute, Ljubljana – Slovenia

Pietro Marano: Director PRM UOS - I.R.C.S.S. Oasi Maria SS Troina (Enna) . Italy **Cristiano Monello**: Physiatrist, EMRSS member, Tor Vergata University, Rome - Italy

Maria Pia Onesta: Director of Spinal Unit – Cannizzaro Hospital Catania Vincenzo Perciavalle: Physiology Professor Emeritus Catania University- Italy

Owen Sant'Angelo *: Physioterapist - Malta Hospital Franco Scirpo*: Psychologist S.A.M. Foundation – Boston

Mariella Seminara: Physioterapist - Cannizzaro Hospital Catania Michele Vecchio: Full Professor PRM, Catania University - Italy

Stephen Zammit*: Physiatrist Hospital Director - UEMS Delegate - La Valletta - Malta **Mauro Zampolini:** Physiatrist President of the UEMS PRM Section – Trevi -Italy







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Students are invited to bring a suit suitable for water as well as a cap, a towel and rubber slippers.





District 108 Yb

It is possible that there could be changes to the programme and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS, MFPRM and SIMFER website.

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Any further information will be published on the website <u>www.emrss.it</u>; https://mfprm.net; www.simfer.it

CONTACTS:



emrss.siracusa@gmail.com



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