



**E. M. R. S. S.**

**Euro Mediterranean  
Rehabilitation Summer School**

Siracusa, Italy

**E.M.R.S.S.**

**Euromediterranean PRM School**

**" Haim Ring "**

Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy

**website: [www.emrssi.it](http://www.emrssi.it)**

**With the  
support**



Italian Society of PRM  
SIMFER



**District 108 Yb**

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## 19<sup>th</sup> E.M.R.S.S. COURSE

Programme

### **HYDROTHERAPY IN P.R.M. Theoretical and Practical course**

**Siracusa 27 – 30 October 2024**

**Venue: S. Angela Merici Foundation**

**Hospitality: Aretusa Palace Hotel**

**E.M.R.S.S. President - Francesco Cirillo**

**Scientific Committee:** Nikos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Calogero Foti, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Milica Lazovic, Mauro Zampolini

**Local Committee:** Daniele Bruschetta, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Cristiano Monello, Michele Vecchio, Stephen Zammit.





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**Sunday October 27th, 2024  
Aretusa Palace Hotel**

**Morning: Arrival of students**

**Afternoon:**

**16:00 Registration**

**16:30 – Networking Event - Discussant & Observer :**

**Giulia Letizia Mauro - Francesca Gimigliano**

**-Presentation of the students (Name and Surname, Country of Origin, Name of the University being attended, year of the Specialization course, Name of the Director of the Specialization Course, Scientific Society/Association that sponsored the student or if he/she is a student or a specialist participating at their own expense).**

**-Brief personal knowledge of the "Hydrotherapy" in PRM.**

**-Presentation of the Presidents/Delegates (Observer) of the Scientific Societies/Associations that support the School.**

**-Presentation of the President of the School.**

**19:30 End of Session & Dinner in the Hotel**



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**Monday, October 28th, 2024**

**Morning Session h. 09.30 – 13.30**

**Discussant & Observer: Calogero Foti**

**09:00 Transfer from Aretusa Hotel to S. Angela Merici Foundation**

**09:30 Interaction between the aquatic environment and the human body - Vincenzo Perciavalle**

**10:10 Cochrane: which evidence for Hydrotherapy? -  
Francesca Gimigliano**

**10:45 Break**

**11:00 Practical demonstration how to float and move in water  
(swimming pool)**

**By: All Hydro Physiotherapists of S.A.M. Foundation**

**13:30 Light lunch ( By Alfio Neri catering )**

**Afternoon Session**

**Discussant & Observer: Lazovic Milica**

**14:30 General overview of Parkinson's disease and re-educational  
strategies through hydro kinesitherapy  
Pietro Marano - Mariella Seminara**

**15:15 Practical demonstration (swimming pool)  
By: Mariella Seminara**

**17:30 Discussion with young trainees about the situation of PRM in  
their countries - Alessandro Giustini**

**18:30 Transfer from SAM Foundation to Aretusa Hotel**



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**Tuesday 29 October 2024**

### Morning Session

**Discussant & Observer: Alessandro Giustini**



- 09:00**      **Transfer from Aretusa Hotel to S. Angela Merici Foundation**
- 09:30**      **General overview of gonarthrosis /coxarthrosis and re-educational strategies through hydro kinesitherapy**  
**Francesco Cirillo & Cristiano Monello**



**10:15**      **Break**

**10:45**      **Practical demonstration (swimming pool)**  
**By: Laura Giordani & Nicola Manocchio**



**13:30**      **Light lunch ( By Alfio Neri catering )**

### Afternoon Session

**Discussant & Observer: Stephen Zammit**



**14:30**      **General overview of low back pain and re-educational strategies through hydro kinesitherapy**  
**Valeria Coco**



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**15:10**      **Main hydrotherapy centers in Europe- Lazovic Milica**

**15:30**      **Practical demonstrations (swimming pool)**  
**By: Owen Sant'Angelo - Stephen Zammit**



**17:30**      **Laughter Therapy- Franco Scirpo**



**18:30**      **Transfer from SAM Foundation to Aretusa Hotel**



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**Wednesday 30 October 2024**

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**Morning Session**

**Discussant & Observer: Michele Vecchio**



**09:00 Transfer from Aretusa Hotel to Cannizzaro Hospital  
Catania**



**10:30 Re-educational strategies for the outcomes of spinal cord  
trauma patients outcomes through hydro kinesitherapy:  
Maria Pia Onesta**



**11:15 Practical demonstration  
Hydro Physiotherapist of Cannizzaro Spinal Unit**



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**13.00 Delivery of certificates  
Prof. Franco Cirillo**



**13:30 Light lunch and group photos**



**Afternoon: Special Session**

**Discussant & Observer: Amparo Assucena**



**14:30 Practical demonstration of care activity in the spinal unit  
Maria Pia Onesta & his team**



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**16:45 End of Session and closing of the course**

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**TRASFER TO: 1) CATANIA AIRPORT AND 2) SIRACUSA**







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FACULTY (in alphabetic order)

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- Franco Cirillo:** Psychiatrist, EMRSS President – PDG Lions – Italy  
**Amparo Assucena\*:** Psychiatrist, Past Head of the PRM Department of the Hospital of Requena, Valencia, Spain.  
**Valeria Coco :** Regional SIMFER Past Secretary- Section Sicily – MD Psychiatrist - Catania  
**Calogero Foti :** Mediterranean Forum PRM President - Full Professor PRM, Tor Vergata University, Rome - Italy  
**Laura Giordani:** Physiotherapist Tor Vergata University- Rome – Italy  
**Francesca Gimigliano:** Past President ISPRM, Professor of PRM University of Campania "Luigi Vanvitelli", Napoli, Italy  
**Alessandro Giustini:** Chair of ESPRM Robotic and new technologies in Rehabilitation Special interest group and UEMS – P&RM Summer School  
**Lazovic Milica \* :** Director Institute for Rehabilitation - Belgrade - Serbia  
**Nicola Manocchio:** MD Psychiatrist Tor Vergata University- Rome – Italy  
**Giulia Letizia Mauro:** SIMFER Presidential Council- Full Professor University of Palermo  
**Pietro Marano:** Director NeurorehabilitationUOC - I.R.C.S.S. Oasi Maria SS Troina (Enna) . Italy  
**Cristiano Monello:** Psychiatrist, EMRSS member, Tor Vergata University, Rome - Italy  
**Maria Pia Onesta :** Director of Spinal Unit – Cannizzaro Hospital Catania  
**Vincenzo Perciavalle:** Physiology Professor Emeritus Catania University- Italy  
**Owen Sant'Angelo \*:** Physioterapist - Malta Hospital  
**Franco Scirpo\* :** Psychologist S.A.M. Foundation – Boston  
**Mariella Seminara:** Physioterapist-Cannizzaro Hospital Catania & Director University intership CdS Physiotherapy.  
**Michele Vecchio:** Full Professor PRM, Catania University- Regional SIMFER Secretary-  
**Stephen Zammit \* :** Psychiatrist Hospital Director - UEMS Delegate - La Valletta - Malta

\* **Foreign Teachers**

*Students are invited to bring a suit suitable for water as well as a cap, a towel and rubber slippers.*

*It is possible that there could be changes to the programme and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS, MFPRM and SIMFER website.*

*Any further information will be published on the website [www.emrss.it](http://www.emrss.it) ; <https://mfprm.net> ; [www.simfer.it](http://www.simfer.it)*

**CONTACTS:**

[emrss.siracusa@gmail.com](mailto:emrss.siracusa@gmail.com)

**SEE YOU IN SYRACUSE**