



E. M. R. S. S.

**Euro Mediterranean
Rehabilitation Summer School**

Siracusa, Italy

E.M.R.S.S.

Euromediterranean PRM School

" Haim Ring "

Registered office: Viale Tunisi 8 - 96100 Siracusa - Italy

website: www.emrssi.it

**With the
support**



Italian Society of PRM
SIMFER



District 108 Yb

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19th E.M.R.S.S. COURSE

Programme

HYDROTHERAPY IN P.R.M. Theoretical and Practical course

Siracusa 27 – 30 October 2024

Venue: S. Angela Merici Foundation

Hospitality: Aretusa Palace Hotel

E.M.R.S.S. President - Francesco Cirillo

Scientific Committee: Nikos Barotsis, Paolo Boldrini, Maria Gabriella Ceravolo, Nicolas Christodoulou, Calogero Foti, Franco Franchignoni, Francesca Gimigliano, Raffaele Gimigliano, Alessandro Giustini, Klemen Grabljevec, Milica Lazovic, Mauro Zampolini

Local Committee: Daniele Bruschetta, Valeria Coco, Giulia Letizia Mauro, Pietro Marano, Cristiano Monello, Michele Vecchio, Stephen Zammit.





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Sunday October 27th, 2024
Aretusa Palace Hotel

Morning: Arrival of students

Afternoon:

16:00 Registration

16:30 – Networking Event - Discussant & Observer :

Giulia Letizia Mauro - Francesca Gimigliano

-Presentation of the students (Name and Surname, Country of Origin, Name of the University being attended, year of the Specialization course, Name of the Director of the Specialization Course, Scientific Society/Association that sponsored the student or if he/she is a student or a specialist participating at their own expense).

-Brief personal knowledge of the "Hydrotherapy" in PRM.

-Presentation of the Presidents/Delegates (Observer) of the Scientific Societies/Associations that support the School.

-Presentation of the President of the School.

19:30 End of Session



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Monday, October 28th, 2024

Morning Session h. 09.30 – 13.30

Discussant & Observer: Calogero Foti

09:00 Transfer from Aretusa Hotel to S. Angela Merici Foundation

09:30 Interaction between the aquatic environment and the human body - Vincenzo Perciavalle

**10:10 Cochrane: which evidence for Hydrotherapy? -
Francesca Gimigliano**

10:45 Break

**11:00 Practical demonstration how to float and move in water
(swimming pool)
By: All Hydro Physiotherapists of S.A.M. Foundation**

13:30 Light snack

Afternoon Session

Discussant & Observer: Klemen Grabljevec

**14:30 General overview of Parkinson's disease and re-educational
strategies through hydro kinesitherapy
Pietro Marano - Mariella Seminara**

**15:15 Practical demonstration (swimming pool)
By: Mariella Seminara**

**17:30 Discussion with young trainees about the situation of PRM in
their countries - Mauro Zampolini**

18:30 Transfer from SAM Foundation to Aretusa Hotel



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Tuesday 29 October 2024

Morning Session

Discussant & Observer: Mauro Zampolini

- 09:00** **Transfer from Aretusa Hotel to S. Angela Merici Foundation**
- 09:30** **General overview of gonarthrosis /coxarthrosis and re-educational strategies through hydro kinesitherapy
Francesco Cirillo & Cristiano Monello**
- 10:15** **Break**
- 10:45** **Practical demonstration (swimming pool)
By: Laura Giordani**
- 13:30** **Light snack**

Afternoon Session

Discussant & Observer: Stephen Zammit

- 14:30** **General overview of low back pain and re-educational strategies through hydro kinesitherapy
Valeria Coco**
- 15:10** **Main hydrotherapy centers in Europe- Klemen Grabljevec**
- 15:30** **Practical demonstrations (swimming pool)
By: Owen Sant'Angelo - Stephen Zammit**
- 17:30** **Laughter Therapy- Franco Scirpo**
- 18:30** **Transfer from SAM Foundation to Hotel**



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Wednesday 30 October 2024

Morning Session

Discussant & Observer: Michele Vecchio



**09:00 Transfer from Aretusa Hotel to Cannizzaro Hospital
Catania**



**10:30 Re-educational strategies for the outcomes of spinal cord
trauma patients outcomes through hydro kinesitherapy:
Maria Pia Onesta**



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**11:15 Practical demonstration
Hydro Physiotherapist of Cannizzaro Spinal Unit**



**13.00 Delivery of certificates
Prof. Franco Cirillo**



13:30 Toast and group photos



Afternoon: Special Session



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14:30 Practical demonstration of care activity in the spinal unit

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16:45 End of Session and closing of the course



TRASFER TO: 1) CATANIA AIRPORT AND 2) SIRACUSA



ORDINE E
CHIRURGI E
di Siracusa



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FACULTY (in alphabetic order)

Franco Cirillo: Psychiatrist, EMRSS President – PDG Lions - Italy

Valeria Coco : Regional SIMFER Secretary- Section Sicily – MD Psychiatrist - Catania

Calogero Foti : Mediterranean Forum PRM President - Full Professor PRM, Tor Vergata University, Rome - Italy

Giulia Letizia Mauro: SIMFER Presidential Council- Full Professor University of Palermo

Laura Giordani: Physiotherapist Tor Vergata University- Rome – Italy

Francesca Gimigliano: ISPRM President -Full Professor PRM Federico II University- Naples

Klemen Grabljevec* : ESPRM President- Full Professor PRM University Rehabilitation Institute, Ljubljana – Slovenia

Pietro Marano: Director PRM UOS - I.R.C.S.S. Oasi Maria SS Troina (Enna) . Italy

Cristiano Monello: Psychiatrist, EMRSS member, Tor Vergata University, Rome - Italy

Maria Pia Onesta : Director of Spinal Unit – Cannizzaro Hospital Catania

Vincenzo Perciavalle: Physiology Professor Emeritus Catania University- Italy

Owen Sant'Angelo*: Physiotherapist - Malta Hospital

Franco Scirpo* : Psychologist S.A.M. Foundation – Boston

Mariella Seminara: Physiotherapist - Cannizzaro Hospital Catania

Michele Vecchio: Full Professor PRM, Catania University - Italy

Stephen Zammit* : Psychiatrist Hospital Director - UEMS Delegate - La Valletta - Malta

Mauro Zampolini: Psychiatrist President of the UEMS PRM Section – Trevi -Italy

*** Foreign Teachers**

Students are invited to bring a suit suitable for water as well as a cap, a towel and rubber slippers.

It is possible that there could be changes to the programme and to the topics covered by the speakers according to specific needs. They will be promptly announced on the EMRSS, MFPRM and SIMFER website.

Any further information will be published on the website www.emrss.it ; <https://mfprm.net> ; www.simfer.it

CONTACTS:

emrss.siracusa@gmail.com

SEE YOU IN SYRACUSE